

TIMETABLE 2012

MONDAY

4.30 – 6.30pm	Ikin Kick It	Sports Aerobics	Studio 1
4.00 – 6.00pm	Ikin Dance 1	Hip Hop / Jazz	Studio 2
4.00 – 6.00pm	Ikin Cheer	Cheer & Dance	Studio 3
6.00 – 8.00pm	Titans Teens	Cheer	Studio 3
6.30 – 9.30pm	Chase The Dream	Chase Creations	Studio 1

TUESDAY

6.00 – 7.00am	Ikin Elite	Lvl 4 Comp Cheer	Studio 3
3.30 – 5.30pm	Junior Titans 1	Cheer	Studio 3
4.30 – 6.30pm	Ikin Kick It Int	Sports Aerobics	Studio 1
5.30 – 7.30pm	Ikin Break	Break Dance	Studio 2
5.30 – 7.30pm	Ikin Flip	Acrobatics	Studio 3
7.00 – 9.00pm	Titanettes	Cheer	Studio 3

WEDNESDAY

3.30 – 5.30pm	Junior Titans 2	Cheer	Studio 3
4.00 – 6.00pm	Ikin Perform Jnr	Commercial Dance	Studio 1
5.30 – 7.30pm	Titans Teens	Cheer	Studio 3
6.00 – 7.00pm	Ikin Rock	Pro Dance	Studio 1
6.00 – 8.30pm	Ikin Part Time	Full Time	Studio 1 2
7.00 – 9.00pm	Titanettes	Cheer	Studio 3
7.30 – 8.30pm	Chase Creations	Pro Class	Studio 1

THURSDAY

4.00 – 5.00pm	Tiny Titans	Cheer	Studio 3
4.30 – 6.30pm	Ikin Kick It	Sports Aerobics	Studio 1
4.30 – 6.30pm	Ikin Dream Team	Lvl 2 Comp Cheer	Studio 3
6.00 – 8.00pm	Ikin Flip	Acrobatics	Studio 3
6.30 – 8.30pm	Ikin Perform Snr	Commercial Dance	Studio 1

FRIDAY

4.00 – 6.00pm	Ikin Cheer	Cheer & Dance	Studio 1
4.00 – 6.00pm	Ikin Dance 2	Hip Hop / Jazz	Studio 2
4.00 – 7.00pm	Ikin Elite	Lvl 4 Comp Cheer	Studio 3

SATURDAY

8.00 – 10.00am	Ikin Kick Levels	Sports Aerobics	Studio 1
8.00 – 10.00am	Junior Titans 1	Cheer	Studio 3
9.00 – 10.00am	Tiny Titans	Cheer	Studio 2
10.00 – 12.00pm	Ikin Perform Jnr	Commercial Dance	Studio 1
10.00 – 12.00pm	Junior Titans 2	Cheer	Studio 3
12.00 – 1.00pm	Ikin Pointe	Ballet	Studio 2
12.00 – 2.00pm	Ikin Break	Break Dance	Studio 3
12.00 – 3.00pm	Sista Girlz	Indigenous Cheer	Studio 3
12.00 – 5.00pm	Ikin Part Time	Full Time	Studio 1

CLASS DESCRIPTIONS 2012



IKIN KICK IT LEVELS (SAT 8-10AM) *C

5yrs plus

The beginner sport aerobics program, combining gymnastics, dance aerobics and fun! Optional competition entry.

IKIN KICK IT (MON & THURS 430-630PM) *C

6yrs plus

The intermediate/advanced sport aerobics program with the option to compete in School Aerobics, FIG & FISAF competitions.

IKIN KICK IT INT (TUES 430-630PM) *C

12yrs plus

This squad is for sports aerobics athletes who compete at an international level within the FIG or FISAF competitive realms or who have been invited to participate within this program.

IKIN DANCE 1 (MON 4-6PM) *TG

7-9yrs

A fun-filled hip hop and jazz class which gives a basic level of beginner dance. Ikin Dance 1 provides a wonderful introduction to movement, technique, flexibility, strength and coordination.

IKIN DANCE 2 (FRI 4-6PM) *TG

10-12yrs

A fun-filled intermediate hip hop and jazz class. Ikin Dance 2 provides training to increase dance ability, technique, flexibility and strength.

IKIN PERFORM JUNIOR (WED 4-6PM & SAT 10AM-12NOON) *TG, E

7yrs - 13yrs

An elite junior dance program which focuses on commercial jazz. This program is an elite Ikin Dance performance squad and are required to perform at numerous events throughout the community. Older athletes in this squad are working towards being accepted into the Chase The Dream program.

CHASE THE DREAM (MON 630-930PM)

14yrs plus

This program is for elite dancers looking at working towards a career as a professional dancer.

CHASE CREATIONS PRO CLASS (WED 730-830PM)

15yrs plus

This is a casual industry professional commercial dance class. This pro class is for professional and/or experienced dancers who wish to keep up their training.

IKIN DANCE PART-TIME FULL-TIME (WED 6-830PM & SAT 12-5PM)

16yrs plus

This program is a full year program for elite dancers looking at working towards a career as a professional dancer and will gain Certificate IV in Dance as a result of graduating.

TINY TITANS (THURS 4-5PM & SAT 9-10AM) *TG

3 - 6yrs

This is a fun-filled class for our tinies which will introduce our little athletes to cheerleading, acrobatics and dance.

JUNIOR TITANS I (TUES 330-530PM & SAT 8-10AM) *T

7yrs - 12yrs

A cheerleading class which perform at every Gold Coast Titans home game.

This class focuses on game routine choreography, tumble, stunts and cheers. Athletes are expected to be at a high standard within this squad and are working their way up to being accepted into the Titans Teens squad.

JUNIOR TITANS 2 (WED 330-530PM & SAT 10AM-2NOON) ✨T

7yrs – 12yrs

A cheerleading class which perform at every Gold Coast Titans home game.

This class focuses on game routine choreography, tumble, stunts and cheers. Athletes are at entry level within this squad are working their way towards being in the Junior Titans 1 squad.

Ikin DREAM TEAM (THURS 430-630PM) ✨C

8yrs – 17yrs

The Ikin Dream Team is a competitive Level 2 cheer squad who compete at regional and state level. Athletes in this class must also participate in one Ikin Flip class per week.

Ikin ELITE (TUES 6-7AM & FRI 4-7PM) ✨C

14yrs plus

Ikin Elite is an elite Level 4 competitive cheer squad who compete at a regional and state level.

Athletes in this class must also participate in one Ikin Flip class per week.

ALL ORIGINAL SSTA GR2 (SAT 12-3PM) ✨TG, E

8yrs plus

This squad is our Indigenous cheer squad which focus on routine choreography, tumble, stunts and cheers for events throughout the community as well as 6 Titans games per year.

Ikin ROCK (WED 6-7PM) ✨C, E

15yrs plus

Ikin Rock is an elite professional dance group. It is a combination of senior dance students who perform and represent Ikin Dance at Gold Coast Eisteddfod and at other community and corporate events. This squad is by invite only.

Ikin POINTE (SAT 12-1PM) ✨

8yrs plus

This class is for a broad range of students wishing to learn new ballet skills, work on turn out, flexibility and posture.

TITANS TEENS (MON 6-8PM & WED 530-730PM) ✨T

13yrs – 17yrs

A cheerleading class which perform at every Gold Coast Titans home game.

This class focuses on game routine choreography, tumble, stunts and cheers. Athletes within this squad are working their way towards being the Titanettes squad. Athletes are expected to be at a high standard within this squad.

Ikin CHEER (MON & FRI 4-6PM) ✨TG

13yrs plus

This is a beginner to intermediate cheer class. This class focuses on game routine choreography, tumble, stunts and cheers. Athletes are at entry level within this squad and are working their way towards being in the Titans Teens squad or the Titanettes squad.

TITANETTES (TUES & WED 7-9PM) ✨T

18yrs plus

A cheerleading class which perform at every Gold Coast Titans home game. This class focuses on game routine choreography, tumble, stunts and cheers. Athletes are at an elite professional level in this squad and will only be selected on an audition basis.

Ikin BREAK (TUES 530-730PM & SAT 12NOON-2PM) ✨TG

5yrs plus

A break dancing class for all ages which focuses on floor work incorporating the latest techniques and moves seen in the industry today.

Ikin FUP (TUES & THURS 6-8PM)

6yrs plus

An acrobatics class which focuses on strength, conditioning, flexibility and tumbling for all ages and levels. Teachers focus on your goals and what you are looking at achieving within the class.

✨NOTE:

T Perform at all 12 Titans home games
TG Perform at 6 Titans home games

E Perform at events within the community
C Competitive squad