

Monday	Tuesday	Wednesday	Thursday	Friday
Boot Camp 8.30 - 9.30	Certificate III & IV Dave FULL DAY	Boot Camp 8.30 - 9.30	Boot Camp 8.30 - 9.30	Boot Camp 8.30 - 9.30
Lyrical Ben 9.30 - 12.00	Certificate III & IV Dave FULL DAY	Contemporary Heidi 9.30 - 11.00	Ballet Kylie 9.30 - 11.00	Ballet Kylie 9.30 - 11.00
Commercial Jazz Nikki 12.00 - 1.15	Certificate III & IV Dave FULL DAY	Music Theatre Melissa 11.00 - 12.30	Cabaret Kylie 11.00 - 12.30	Jazz Kylie 11.00 - 1.00
LUNCH 1.15 - 1.30	LUNCH 12.30 - 1.00	LUNCH 12.30 - 1.00	LUNCH 12.30 - 1.30	LUNCH 1.00 - 1.30
Mega Jam Jasmine 1.30 - 3.30	Certificate III & IV Dave FULL DAY	Commercial Jazz Nikki 1.00 - 2.15	Acrobatics Steph 1.30 - 3.30	Jazz Technique Amanda 1.30 - 2.30
	Certificate III & IV Dave FULL DAY	Singing Sheridan 2.15 - 3.30		Stretch Amanda 2.30 - 3.30

 Split Class

## Class Essentials

These class essentials are just a guide for you to be fully prepared for each style, this is not compulsory.

**Yoga /Pilates/Fitness:** Tight fitting flexible clothes which allow full range of movement, bare feet and sneakers, must provide towel

**Guest Teacher:** Be prepared for any style, please bring all shoes to this class

**Vocal:** will be broken up into 2 groups. Group A will singing 1st Group B will be Break dancing with Liam, then Group B go into singing while Group A have a early mark this will be on a rotation each week as everyone will be at different levels. Provide pen and a note pad for this lesson

**Ballet:** Provide ballet shoes or toe pads, girls where tights if possible or black leggings, boys wear lose or flexible pants

**Lyrical:** Provide toe pads, lose fitting/flexible fitting clothes

**Contemporary:** Provide toe pads, bare feet, lose /flexible fitting clothes

**Jazz:** Provide jazz shoes, jazz booties or sneakers

**Jazz Tech:** Provide toe pads or bare feet

**Cabaret /Glamour Jazz:** Girls provide chorus shoes/heels, boys sneakers are ok

**Acrobatics:** Provide lose clothing, and supportive shoes

**Hip Hop:** Provide sneakers and wear a style that suits you

**Musical Theatre:** Provide note pad and pen, please bring all shoes

**Ballroom:** Provide chorus shoes/heels, boys sneakers are ok

**Tap:** Provide tap shoes

**Break Dancing:** Provide sneakers and wear a style that suits you

**Boot Camp:** Provide comfortable sneakers, and a sweat towel.