



Sydney Studio Timetable : 2010 : AEROBICS

Studio ONE						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7.00am						
8.00am						
9.00am						
10.00am						
2.00pm						
3.00pm						
4.00pm						
5.00pm						
6.00pm						
7.00pm						
8.00pm						
Studio TWO						
8.00am						
9.00am						10.00-12.00 Ikin Kick It
3.00pm						
4.00pm	4.30-6.30 Ikin Kick It		4.30-6.30 Ikin Kick It		4.30-6.30 Ikin Kick It	
5.00pm						
6.00pm			6.30-7.30 Ikin Kick It - Skills			
7.00pm						
Studio THREE						
8.00am						
9.00am						
10.00am						9.00-11.00 Ikin Kick It Beg
12.00pm						
3.00pm						
4.00pm						
5.00pm						
6.00pm						
7.00pm						
8.00pm						